



Resources from A Dialogue on Collective Liberation and Transnational Solidarities

	<p>UBC Peer Support</p> <p>The <u>Peer Support</u> network provides free, confidential, one-on-one support for all UBC students. You can go to chat about stress, loneliness, anxiety, mental health, relationships, and gender and sexual based violence. Additionally, Education and Outreach programs are offered so that you can get involved and learn how to better support your friends.</p>
	<p>Professional Counseling Services</p> <p>UBC's Vancouver Campus offers mental health support through <u>Counseling Services</u>. They provide confidential assistance for various concerns, including anxiety, depression, cultural adjustment, and academic challenges. The services prioritize privacy and respect students' diverse identities. Immediate help is available for mental health crises. Appointments can be scheduled by calling the Counseling Services office. Additional resources include faculty-specific counselors and 24/7 support programs.</p>
	<p>Equity and Inclusion Office</p> <p>The <u>Equity and Inclusion Office</u> is an invaluable resource in fostering a community where human rights are upheld, equity is ensured, and inclusion is paramount. Access this resource to find support for Trans and Gender Diversity, training to help engage better with these topics, or further resources offered by UBC.</p>
	<p>AMS Resource Groups</p> <p>If you find yourself passionate about the topics covered and you would like to connect with other students, <u>AMS resource groups</u> are a great resource to check out. Help lobby for change or support generative conversations about social issues you would like to work on.</p>



	<p>BC Human Rights on Decolonization</p> <p>The BC Human Rights office is committed to “listening deeply to indigenous people, supporting self-determination of Nations and working to dismantle structures that impede the full, equal, and just participation of Indigenous peoples in all aspects of economic, social, cultural, and political life.”</p>
	<p>Racial Equity Toolkit</p> <p>This toolkit provides multiple resources on decolonization, indigenous sovereignty, and land acknowledgement.</p>
	<p>Catalyzing Liberation Toolkit</p> <p>This toolkit contains resources on collective liberation, interviews, and writings to support our understanding of collective solidarities.</p>
	<p>African Arguments on Transnational Solidarity</p> <p>This article written by Leigh-Ann Naidoo reconciles the idea of transnational solidarity and feminist solidarities. Leigh-Ann Naidoo is an educator at the University of Cape Town, studying how social movements act as sites of knowledge production, histories of radical education, and movements within Africa.</p>
	<p>The Pride Collective at UBC</p> <p>The Pride Collective is a community-first student-run resource group for the 2SLGBTQIA+ community at UBC Vancouver. They are a non-hierarchical collective of students committed to making UBC a more welcoming and inclusive space for all. They provide:</p> <ul style="list-style-type: none">• a safe community space• weekly discussion groups• various on-campus events• free gender-affirming clothing and gear• a hungry hamper• resources for queer students, faculty, and community members



	<p>The UBC Social Justice Centre</p> <p>The UBC Social Justice Centre aims to serve any and all students interested in finding progressive solutions to societal and global injustice.</p>
	<p>People and Planet Guide on Power and Privilege</p> <p>This guide gives an introduction to power and privilege. It covers transphobia, patriarchy, racism, classism, ableism, homophobia, religious oppression, and being an ally. Additionally, it gives an introduction to collective liberation.</p>
	<p>7 Steps Back / Forward / Aside</p> <p>This poem addressed towards individuals in the global north invites us to step back, forward, and aside in order to hold space for the complexities and layers of unlearning, relearning, and understanding. We invite you to read and reflect on your relationship to the topics presented</p>
	<p>Beyond “Thank You For The Real Estate”</p> <p>This poem invites us to reflect on how our current land acknowledgements invisibilize colonialism’s violence and suffering. Two major invitations are made, to see land as sacred and connected to us, and to bring accountability to settlers rather than allow complicity of settler systems. After reading the poem, there are some questions for readers to reflect on.</p>
	<p>UBC Decolonizing and Antiracist Resources</p> <p>This resource guide contains resources from Xwi7xwa Library Decolonization & Anti-Racism, IndigenEYEZ, Animikii, an Indigenous-owned digital agency, Embrace Race, British Columbia Teachers Federation, Teaching Tolerance, and more.</p>



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UBC Library Decolonization and Anti-Racism Resources

The UBC Library provides resources on Musqueam and UBC, Case Studies, Indigenous Initiatives, DEI, and Student Resources and groups.

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